

International Pole Sports Federation

World Pole Sports Championships *Rules and Regulations*



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International Pole Sports Federation

Rules and Regulations

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1. Definitions

Athlete shall refer to the person invited to participate in the competition.

Category shall refer to the age groups and gender in each division.

Competition shall refer to all IPSF approved competitions.

Division shall refer to the level of difficulty of the competition.

Document shall refer to this entire document.

IPSF shall refer to the International Pole Sports Federation.

Organiser shall refer to the organiser of an IPSF endorsed competition.

Routine shall refer to the athlete's programme from the start to the finish and is to include spins, transitions, inverts, holds, poses, tricks, lifts, acrobatics, gymnastics, slides, climbs, catches, drops, splits and floor work.

WPSC shall refer to the World Pole Sports Championships

2. WPSC Competition Rules

2.1. Categories

The following Elite categories will be included in WPSC:

Categories

- Novice Mixed
- Junior Mixed
- Seniors Women
- Seniors Men
- Masters Women
- Masters Men
- Doubles Mixed

Mixed categories will be split into gender specific categories if more than five of each gender apply.

The following age groups will also apply to each category.

Age Eligibility

Age eligibility for each category is determined by the athlete's age at the end of the competitive year, on the date of the World Pole Sports Championship.

- Novice – Ages 10-14 on the date of the WPSC
- Junior – Ages 15-17 on the date of the WPSC
- Seniors – Ages 18-39 on the date of the WPSC
- Masters 40+ – Age 40+ on the date of the WPSC
- Masters 50+ – Age 50+ on the date of the WPSC
- Doubles – open age categories

2.2. Selection process

2.2.1. Athlete's participation is by qualification.

2.2.2. Athletes who have placed first in the Elite category in an IPSF endorsed national competition will automatically qualify to the WPSC regardless of whether they have met the minimum point requirements. The runner up (2nd) may also qualify for the WPSC as long as they reach the minimum total score of 20 points (15 for Junior, Novice, and Masters 50+). The second runner up (3rd and 4th athlete can be accepted to the WPSC as

reserve athletes if they also meet the minimum point requirements. (Reserve athletes must apply under the same conditions to the WPSC by the given deadlines.)

- 2.2.3. Athletes from countries that do not have national competition will be allowed to participate at an open competition to qualify for the WPSC. The athlete with the highest score for their country will qualify to the WPSC and the athlete with the second highest score for their country will also receive a place at the WPSC, provided they have met the minimum point requirements.
- 2.2.4. Athletes must be in the correct age category.
- 2.2.5. The athlete's starting order will be determined by a draw.
- 2.2.6. All eligible athletes must compete in the preliminaries in order to win a place in the finals.
- 2.2.7. Athletes are allowed one (1) performance in the preliminaries to win a place in the finals.
- 2.2.8. An athlete may only restart their performance in the following cases:
 - A technical fault with music.
 - A health and safety fault e.g. a problem with unsafe equipment such as a pole falling or cleaning fluid on the floor. This does not include slippery poles as this is subjective to each athlete.
 - A major costume malfunction.
 - At the discretion of the head judge.

Please note: If an athlete chooses to continue their performance regardless of the technical fault (for example music), they will not be allowed to restart their performance.

- 2.2.9. The top athletes with the highest scores in each category will go through to the finals.
- 2.2.10. Number of finalists for Elite categories*: 10 finalists for all categories. A maximum of 13 athletes may be allowed, on the condition this would eliminate the necessity for preliminaries for those categories.

*The exact number of finalists for open categories will be announced after applications close and the total number of participants is known.

- 2.2.11. Winners are the top athletes with the highest scores in their competitive category. Should two athletes have the same final score the athlete with the highest technical total points shall be declared the winner. Should two athletes have the same final total technical score, the athlete with the highest score in technical deductions shall be declared the winner.
- 2.2.12. The title of World Pole Sports Champion 20XX in all categories will be a lifetime title, unless a sanction has been placed on the athlete.

2.3. Application process

Failure to comply with the following may result in disqualification from the competition:

- 2.3.1. All qualified athletes must:
 - Fill in the on-line application form. The link will be provided in the application pack sent to each qualified athlete.
 - Pay the application fee; which is non-refundable. Application fees and payment details can be found on the application form.
 - Send their music in mp3 format to the email address advised in the application pack by the given deadline.
 - Send their compulsory form at least 14 days prior to the WPSC. (Athletes may change their compulsory forms after the preliminaries and before the finals. The new form must be submitted within one hour of the conclusion of the preliminaries. *Please note: Handwritten forms will not be accepted.*)
 - Provide information about their legal gender. A copy of their birth certificate must be submitted upon request.

- 2.3.2. All applications must be completed in English.
- 2.3.3. All athletes should be fit, healthy and not knowingly pregnant. Upon request the athlete may be required to produce documentation from a doctor as confirmation of good health and fitness level. All information will be held confidentially.
- 2.3.4. All athletes wishing to use grip gloves are required to produce a written letter from their doctor confirming that the athlete suffers from hyperhidrosis (sweaty hands) or similar.
- 2.3.5. All athletes must disclose if they have been previously disqualified from any IPSF competition.
- 2.3.6. Athletes may only compete in a National competition if they have citizenship and or permanent residency in that country. In the case of dual citizenship, the athlete may only represent one country in the WSPC. Athletes wishing to change their country of representation must allow for one competitive year before the changeover.
- 2.3.7. Applicants under the age of 18 may only apply for the competition by way of written permission signed by a parent or by a legal guardian. Documentation must be provided upon application
- 2.3.8. Applications will not be fully processed without meeting all of the above requirements by the given deadlines.

2.4. Registration process

In the case of an athlete not presenting themselves to registration without a legitimate reason, the athlete will be banned from all IPSF recognised competitions all over the world for a period of one year. Names of banned athletes will be published on www.polesports.org. Athletes may only cancel participation a maximum of 14 working days prior to the competition. Exceptions being medical reasons and emergencies in which medical documentation and proof of travel ticket must be provided to the Organiser for confirmation a minimum of one day prior to the competition. Athletes not showing on the day of registration due to an emergency will have a maximum of seven days after the competition has ended to provide necessary proof of documentation. No exceptions will be made and the Organiser's decision can only be challenged by the IPSF

- 2.4.1. All athletes must arrive and register at the time designated by the organiser unless written permission is received.
- 2.4.2. All athletes must purchase personal insurance that covers them for the duration of the competition. This should start the day of the WSPC rehearsals and be valid during whole competition. If in the country of athlete's origin both a passport and an identity card are used, both should be brought with them.
- 2.4.3. All athletes must bring their passport with one (1) photocopy of it to provide at registration.
- 2.4.4. All athletes including doubles must provide proof of citizenship or residency of the country they are competing in (or representing in the case of an Open Championship) Athletes must be a citizen or resident of the country they are representing for a minimum of ninety (90) days prior to the preliminaries. Proof must be in the accepted form of the country, e.g. green card, passport, ID card, residency papers, etc.
- 2.4.5. All athletes must sign a confirmation of the following at the time of registration:
 - Rules and Regulations were read and accepted.
 - The IPSF Code of Ethics was read, accepted and the athlete agrees to behave in a manner befitting a professional sports person.
 - All expenses incurred by the athlete are the responsibility of the athlete and not the organiser.
 - Waive all image rights and agreement that the images can be used for promotion of

pole sports around the world. Athletes will not receive any compensation for photos and videos taken during the event.

- To be interviewed, filmed and or photographed by the media.
- To take part in anti-doping testing in accordance to the WADA Code.
- To enter the WPSC at their own risk. Any injuries or accidents that may occur are the responsibility of the athlete and not the organiser.
- To respect and follow rehearsal and performance times.
- To wear their national tracksuit at all times except for during their performance.
- To be present at the medal ceremony unless a medical emergency has occurred.
- In the case of causing disruptions to the competition athletes may incur penalties or be disqualified in accordance with chapters 2.17 and 2.18 of the IPSF Rules and Regulations.

2.5. Music choice

- 2.5.1. Athletes have a personal choice of music; this can be a mix of various music and artists.
- 2.5.2. The music at the WPSC should be instrumental only. Lyrics/words are not permitted. Vocals may only be permitted if used as an instrumental accompaniment.
- 2.5.3. The same music can be used for both the preliminaries and finals.
- 2.5.4. Music must be submitted by given deadlines or entry is revoked.
- 2.5.5. Music must be submitted in MP3 format by the given deadline to info@polesports.org.
- 2.5.6. A copy in CD or USB stick format must be clearly labelled with the athlete's name, title of song and category and submitted at time of registration. Failure to do so may result in the athlete not competing.

2.6. Performance time

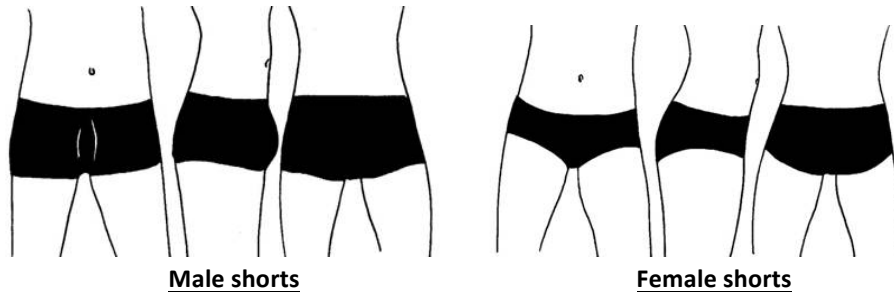
- 2.6.1. In Seniors/Doubles/Masters and Juniors categories, routines are to last a minimum of three minutes and fifty seconds (3.50) and a maximum of four (4) minutes.
- 2.6.2. In Novice category, routines are to last a minimum of three minutes, twenty seconds (3.20) and a maximum of three minutes, thirty seconds (3.30).
- 2.6.3. The first note of music indicates the start.
- 2.6.4. The last note of music indicates the end. The last note should not exceed the allotted time in the given category.
- 2.6.5. Failure to meet the minimum or exceed the maximum time requirements will be penalised by a deduction.

2.7. Costume

Costumes must be appropriate for competitive athletic sports. They must fully cover the pelvis and gluteal area for all athletes and the breast area for female athletes. Athletes will be penalised by a deduction should they not adhere to the following costume requirements:

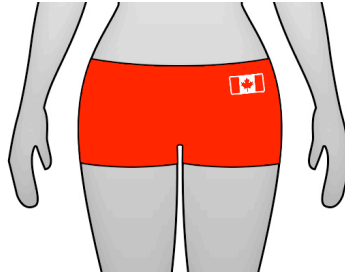
- 2.7.1. Costume to be of a sporting nature.
- 2.7.2. Skin tight in order for body alignment to be seen and judged correctly.
- 2.7.3. A two-piece or a cut away leotard is allowed for all athletes; a one-piece bottom is allowed for men only.
- 2.7.4. The top:
 - Must fully cover the breast area for women and show no added or unnecessary cleavage. It should be no less than a crop top with a strap size of no less than ten (10) millimetres in width. A neckline of no lower than eighty (80) millimetres from the lowest part of the collarbone.
 - Men should wear a vest, crop top or be bare-chested.

2.7.5. The cut of the bottoms must be no higher than the fold of the crotch in front. They must fully cover the gluteal area.



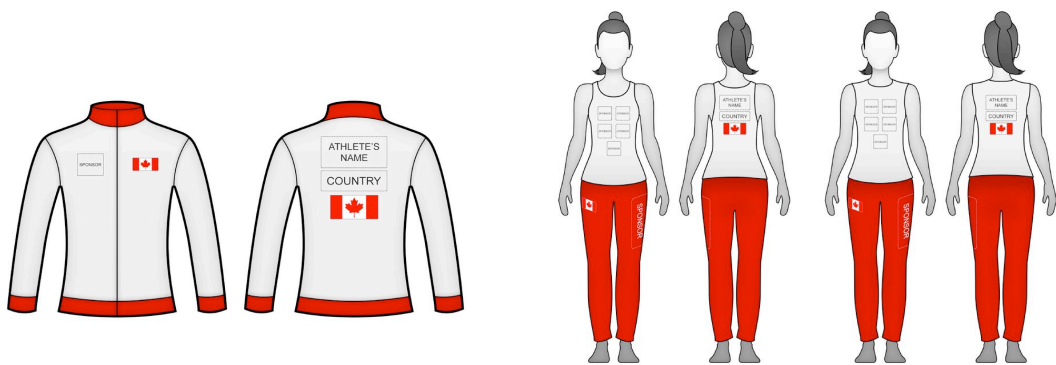
- Shorts should be no less than sports shorts, leotards or sports knickers that are appropriate attire for competitive sports.
 - Men's shorts must cover the gluteal crease all the way across.
 - A skirt is allowed for women if it does not fall lower than the pelvic area so as not to deter the athlete from having leg grip on the pole. The skirt must fall on the hip and may not protrude outwards. Ballet tutus and tutu like skirts are forbidden.
- 2.7.6. Clothing that is used for extra grip on the body, hands or feet is forbidden unless medical documentation is provided.
- 2.7.7. All decorations must be fixed on the costume (non-detachable) and no added accessories and/or props are permitted. Any and all accessories that may jeopardise the safety and/or distract from the performance of the athlete are not permitted. This includes piercings, loose hair-pieces, earrings, bracelets, necklaces and any other jewellery. The only exceptions are cuffs/wristbands, which are tight and secured on the wrist and not loose. No neck accessories are allowed.
- 2.7.8. Taping may not be used except for medical tapes in a skin colour.
- 2.7.9. Shoes: the athlete may perform either bare foot or with skin-coloured gymnastic/dance sole protectors. Heels, ballet shoes/slippers and/or slipper-like footwear are not permitted.
- 2.7.10. Costumes should not include:
- Underwear.
 - Swimwear or bikinis.
 - Transparent clothing that does not cover the breast, pelvis and buttocks.
 - Leather, latex, PVC or rubber.
 - Jewellery or piercings of any kind with the exception of stud earrings in the ears.
 - Anything that interferes with the performance or can be considered a health and safety issue.
 - Body paint or oil on any part of the body. Make up and embellishment may be worn on the face.
 - Props such as hats and canes and anything that is not considered attached to the costume, with the exception of cuffs/wristbands.
- 2.7.11. Additional requirements:
- Costumes for all may include sequins and diamantes; tassels or fringing must be kept to a minimum.
 - Decorations for Youth category (Novice and Junior) should be age and costume appropriate.
- 2.7.12. It is expressly forbidden to perform in anything other than sporting attire and costumes must not be intentionally removed. Failure to adhere to these rules may result in disqualification.

- 2.7.13.** Costumes must be free from sponsor logos. National flags may be worn while competing. They can be a maximum size of 2 cm x 4 cm. They must be sewn on the left side of the costume at the hip.



- 2.7.14.** All athletes should have tracksuits according to the following requirements:

- Tracksuits must include: matching trousers (leggings are not allowed on stage), t-shirt/ tank top and a jacket.
- Tracksuits must be in the colours of the nation represented by the athlete. The name of the country should be written on the tracksuit and t-shirt/tank top. Under hot weather conditions it is acceptable to wear the t-shirt or tank top instead of the jacket except from the medals ceremony.
- One individual sponsor's logo might be worn on the jacket and up to five (5) sponsor logos may be worn on the t-shirt/tank top. The size of the logos cannot be more than 10x10cm.



- National teams must ensure all athletes have the same matching tracksuits. National federation logos can be worn. The size of the logo cannot be more than 10x10cm.
- Other logos, imagery and writing cannot be displayed on the tracksuit.

2.8. Grips

- 2.8.1.** Any grip product can be used except for the banned list below. Please be advised that NO products are to be applied to the pole. Grip aids may only be applied to the athlete's body. The following grip aids are prohibited:

- Stickum.
- Rosin.
- Gorilla Grip.
- Any form of spray.

Athletes may clean the poles themselves if they prefer but must use the cleaning products provided by the organiser.

- 2.8.2.** Grip gloves may only be used with medical documentation (see chapter 2.3.4).

2.9. Hair and Makeup

- 2.9.1. Hair should be pulled back and up away from the face and neck so that full facial features, facial expression and neck alignment are clearly visible to the judges. There should be no distraction by the need to wipe hair away from the face or neck.
- 2.9.2. Makeup for the Youth category is only to be used to highlight natural features and therefore should only be applied lightly. The one exception to this rule is if the routine is theme orientated.
- 2.9.3. Make up for adults may be worn to reflect their performance. This may include but is not limited to eyelashes, embellishments and rhinestones. However it is forbidden to wear a mask or body paint of any kind.
Failure to adhere to these restrictions will result in a deduction.

2.10. Stage

- 2.10.1. The stage has a minimum of three (3) metres clearance in front, side and behind each pole. There are exactly three (3) metres between the poles.

2.11. Poles

- 2.11.1. Competition poles are 45mm brass poles, four (4) metres of usable height and made of one piece.
- 2.11.2. The spinning pole is placed on the right hand side and the static pole on the left hand side of the stage from the spectators view. Doubles category athletes must use one spinning and one static pole in the same configuration as in single categories.
- 2.11.3. Cleaning of the poles:
 - All poles will be cleaned before each athlete competes by a minimum of two (2) pole cleaners (one or two per pole). Poles will be cleaned in their entirety; first with a grease remover, then with a dry towel/cloth.
 - Athletes are allowed to check the poles before they compete and may ask for a second cleaning.
 - Athletes are prohibited from cleaning the poles with their own cleaning products. Exception to the rule being severe allergies, in which medical documentation must be provided.

2.12. Filming

- 2.12.1. All athletes confirm by taking part in the WPSC, that they waive all rights of filming and photography and will not receive any compensation for photos and videos taken during the event. All athletes must agree that their images can be used for advertising, training, promotional and commercial purposes.
- 2.12.2. All athletes agree to be interviewed, filmed and or photographed by IPSF approved media.
- 2.12.3. The athlete agrees to filming/photography at any event in which they appear before, during or after the competition, which is related to the competition – i.e.: workshops, interviews, performances, etc.
- 2.12.4. All filming and photography is not permitted in the changing areas unless with express permission of the Organiser.
- 2.12.5. All photography and footage remains the property of the organiser.

2.13. Results

- 2.13.1. All results are collated via computer.
- 2.13.2. Results will be collated and provided in accordance with the IPSF Scoring Information . A breakdown of the preliminary results will be given to the finalists at the end of the preliminary day.
- 2.13.3. Athletes must wait for their scores in the designated area.
- 2.13.4. All results will be listed on the organiser's website within twenty four (24) hours of the awards being given.

2.14. Prizes

- 2.14.1. At the WPSC the athlete(s) compete for the title of World Pole Sports Champion 20XX.
- 2.14.2. The winner from each category will receive a gold medal.
- 2.14.3. The first and second runner up will receive a silver and bronze medal respectively.
- 2.14.4. All other athletes will receive a certificate of participation.
- 2.14.5. No cash or other gifts may be given other than by way of endorsements or sponsorships. Cash may not be given to any athlete for placing in an IPSF competition. Endorsements or sponsorships cannot be given to one specific age or gender category; they must be given to the entire competitive category or not at all. E. g. all first place winners of each Elite category could receive a sponsorship. All sponsorship agreements offered in relation to athletes must be announced by the Organiser before the competition, as soon as possible after the agreement has been made and before the finals of the competition begin.

2.15. Rights and Responsibilities of the Athletes

- 2.15.1. All athletes must read the rules, regulations and any updates.
- 2.15.2. All athletes must conduct themselves in accordance with the IPSF rules, regulations and Code of Ethics.
- 2.15.3. All athletes must sign the IPSF code of ethics and behave accordingly.
- 2.15.4. Athletes under the age of 18 should have an approved chaperone (parent/authorised legal representative/coach) with signatory authority.
- 2.15.5. All athletes are obligated to carry health insurance and identification documents to the competition.
- 2.15.6. Each athlete must compete with the same gender except in the case of doubles and if a category is mixed.
- 2.15.7. Athletes should be backstage two athletes prior to competing.
- 2.15.8. Athletes must start off stage and wait to be announced before walking out on to the stage.
- 2.15.9. All athletes are fully responsible for their personal health condition and ability to compete. To avoid injury, all athletes must not undertake elements they are not fully confident and secure in.
- 2.15.10. All athletes enter the WPSC at their own risk and understand that any injuries or accidents that may occur are the responsibility of the athlete(s).
- 2.15.11. All finalists must attend the medal ceremony unless a medical emergency has occurred.
- 2.15.12. Use of alcohol or banned or controlled substances before or during the competition is strictly prohibited.
- 2.15.13. All athletes must agree to take part in anti-doping testing in accordance to the WADA Code. For a list of prohibited substances please see www.polesports.org or www.wada.com. Failure to supply a sample when requested will result in the athlete

being disqualified from the competition, a loss of any title won and the possibility of a ban from further IPSF competitions.

- 2.15.14. All expenses incurred by the athlete are the responsibility of the athlete and not the Organiser. Confirmation of this will require a signature at the time of registration.
- 2.15.15. All athletes are required to purchase the relevant visa for entry into the country where the WPSC is being held. If the athlete requires assistance please contact info@polesports.org.
- 2.15.16. All athletes have the right to receive all available public information regarding the scoring system or to the competition in general which can be found on the IPSF website; www.polesports.org.

2.16. Rights and Responsibilities of the Organiser

2.16.1. The IPSF reserves the right to the following:

- To alter the rules and regulations of the competition or its attachments at any time. Any change will be announced immediately on www.polesports.org.
- To refer to the Head Judge any athlete in breach of the rules and regulations or code of ethics for the consideration of penalties or disqualification.
- To refer to the Head Judge any judge in breach of the rules and regulations or code of ethics for the consideration of disqualification.
- To decide on any decisions not already addressed in the rules and regulations and code(s) of ethics prior to or during the WPSC.
- The IPSF will provide basic first aid in the case of an incident or accident and medical assistance in the event of a more serious injury. The medical representative has the final decision on whether the athlete's injury should prevent them from entering or continuing the competition.
- IPSF cannot be held responsible for loss or damage to athletes' or officials' items.

2.16.2. The IPSF is obligated to:

- Publish all competition criteria stated in chapter 2 of rules and regulations.
- Announce all changes regarding the competition on the website.
- Provide rooms for athletes to change and warm up in with toilet facilities which are separate from those being used by judges and spectators
- Provide a separate area for youth athletes to change in or a fixed time slot for the changing rooms to be for their sole use.
- Check the installation of the poles and test them.
- Give athletes a chance to practice with the poles before the start of the competition.
- Arrange the cleaning of the poles before each performance.
- Provide the judges with all necessary information concerning the competition.
- Provide interim first aid in the case of an incident or accident.
- Provide anti-doping testing in accordance to the WADA Code (www.wada.com).

2.17. Penalties

An athlete can be penalised by the Head Judge during the competition for the following infringements:

- 2.17.1. Breaking the rules, regulations and code of ethics. Penalties are dependent on the infringement.
- 2.17.2. Providing false or inaccurate information on the application form. Penalties are dependent on the infringement.
- 2.17.3. Unsporting or anti-social behaviour.

- 2.17.4. Failure to meet the minimum or exceed the maximum requirements of the routine time.
- 2.17.5. Touching the rigging or truss system whilst competing.
- 2.17.6. Directly contacting the audience from the stage (such as gestures, talking to the spectators etc.).
- 2.17.7. Inappropriate choreography, costume, hair and makeup in accordance with chapters 2.7 and 2.9. Penalties are dependent on the gravity of infringement.
- 2.17.8. Presence of jewellery and props in accordance with chapter 2.7.7.
- 2.17.9. Not complying with the tracksuit or wearing an inappropriate tracksuit in accordance with chapter 2.7.14.
- 2.17.10. Arriving late to registration and rehearsals without prior agreement.
- 2.17.11. Arriving late backstage before competing.
- 2.17.12. Arriving late to the stage when announced.

2.18. Disqualification

An athlete can be automatically disqualified before, during or after the competition. The IPSF also reserves the right to remove the title of an athlete for the following infringements:

- 2.18.1. Breaking the rules and regulations and code of ethics. Disqualification is dependent on the infringement.
- 2.18.2. Providing false or inaccurate information on the application form. Disqualification is dependent on the infringement.
- 2.18.3. Unsporting behaviour or bringing the competition, Organiser, or the IPSF into disrepute.
- 2.18.4. Threatening the life or health of an athlete, organiser, judge or spectator.
- 2.18.5. Failing to come to the stage.
- 2.18.6. Using prohibited grips.
- 2.18.7. Inappropriate choreography, costume, hair and makeup in accordance with chapters 2.7 and 2.9. Disqualification is dependent on the infringement.
- 2.18.8. Intentionally removing items of clothing during their performance.
- 2.18.9. Intentionally using the rigging or truss system as part of their performance.
- 2.18.10. Any unauthorised person accompanying the athlete on stage.
- 2.18.11. Directly contacting the judging panel to discuss the competition or directly or indirectly influencing the judging decision prior to or during the competition.
- 2.18.12. Using vulgar language towards any IPSF official
- 2.18.13. Testing positive for controlled substances (see chapter 3.1).
- 2.18.14. Refusing to undergo an anti-doping test when requested.

3. Medical and Doping Regulations

3.1. Sanctions with Doping

In the case of a positive result or the refusal of doping control, the following penalties shall apply as final:

- 3.1.1. An athlete with a positive out of competition test is automatically suspended for the rest of the championship and no replacement for him/her is allowed.
- 3.1.2. The points of a team obtained with a doped athlete are not valid.
- 3.1.3. An athlete with a positive test shall be suspended from all IPSF competitions for a period outlined in the WADA Code.

- 3.1.4. A positive result for anabolic steroids will result in suspension from all IPSF competitions for a period of four years. A doped athlete shall not be awarded a medal.
- 3.1.5. In all positive doping cases, the recommendations of WADA shall have precedence over any disciplinary action by the IPSF.
- 3.1.6. Athletes with a positive doping test may have previously won titles removed from them

3.2. Sex reassignment in Sport

The IPSF have adopted the guidelines, recommendations, rules, and regulations of the IOC Medical Commission - Sex Reassignment in Sport 2003:

- 3.2.1. Any "individuals undergoing sex reassignment of male to female before puberty should be regarded as girls and women" (female). This applies as well for female to male reassignment, who should be regarded as boys and men (male).
- 3.2.2. Individuals undergoing sex reassignment from male to female after puberty (and the converse) may be eligible for participation in female or male competitions, respectively, under the following conditions:
 - Surgical anatomical changes have been completed, including external genitalia changes and gonadectomy.
 - Legal recognition of their assigned sex has been conferred by the appropriate official authorities.
 - Hormonal therapy appropriate for the assigned sex has been administered in a verifiable manner and for a sufficient length of time to minimise gender-related advantages in sport competitions.
 - In the opinion of the group, eligibility should begin no sooner than two years after gonadectomy.

It is understood that a confidential case-by-case evaluation will occur. In case that the gender of a competing athlete is questioned, the medical delegate (or equivalent) of the relevant sporting body shall have the authority to take all appropriate measures for the determination of the gender of an athlete.

4. Judging

- 4.1. Judges are forbidden to alter the scores after the score sheets are collected.
- 4.2. For appeals and complaints procedures see chapter 5.
- 4.3. Once judging has finished and all immediate appeals and complaints have been processed, no scores or discussions can be made to alter the results. See chapter 5 on system of complaints and appeals.
- 4.4. Scores from preliminaries and finals are not added together.
- 4.5. Score sheets are to be collected after each athlete's routine.
- 4.6. Judges must not talk to each other or confer during an athlete's routine. The judges may converse when the routine is over, however it should not be about judging.
- 4.7. Judges requiring assistance must raise their hand. They may only talk to the head judge in-between routines.
- 4.8. Judges must be separated from the athletes and spectators at all times.
- 4.9. Judges and athletes will be disqualified if they are found discussing any matters together at any time during the competition.
- 4.10. Judges must not leave their seat at any time unless with the permission of the head judge or if they should fall ill, in which case the reserve judge would be required to take the position.

- 4.11. Judges must be seated in a position with the best viewpoint and at a distance from the audience.

5. System of complaints and appeals

- 5.1. Athletes may lodge an appeal regarding their scores within 30 minutes of the athletes' personal scores being announced in accordance with the IPSF scoring appeals procedure.
- 5.2. Further complaints must be made within 7 working days.
- 5.3. For more information please contact info@polesports.org.